

Authorization To Render Medical Care and Physician's First Aid/Return To Work Evaluation If you have no designated doctor, you are required to report to Prestige Urgent Care, 3689 Eureka Way, Rdg, 530-244-4577

Doctor _____ Phone _____ Fax _____

Address _____

AUTHORIZATION TO RENDER MEDICAL CARE

Please render medical care to the following employee in accordance with worker's compensation laws.

EMPLOYEE _____ EMPLOYER _____

DISTRICT ADDRESS 1644 Magnolia Ave. PHONE 530-225-0205 FAX 530-245-7826

AUTHORIZATION DATE _____ INITIAL VISIT **OR** FOLLOW-UP VISIT

DATE/INJURY _____ TIME/INJURY _____ AM PM NATURE OF INJURY _____

AUTHORIZED BY: _____
 PRINT OR TYPE SIGNATURE TITLE DATE

MEDICAL EVALUATION OF EMPLOYEE'S ABILITY TO RETURN TO WORK

We believe efforts to return employees to work enhances the psychological and physical recovery process. Please complete this form to assist our school district in providing a safe return to work for our employee.

- A. Can this patient return to work? Yes No
- B. Can this patient perform all the essential functions of the job and return to work without restrictions? Yes No
- C. Can this patient return to work with restrictions? Yes, Please complete remainder of this form.
- D. Circle number of hours this patient is physically able to perform the following function's in an 8-hour work day:

1. Sit	0	½	1	2	3	4	5	6	7	8
2. Stand	0	½	1	2	3	4	5	6	7	8
3. Walk	0	½	1	2	3	4	5	6	7	8
4. Drive	0	½	1	2	3	4	5	6	7	8

- E. Please check the appropriate box or enter the number of times per day or per hour this patient can safely perform the following function's in an 8-hour work day:

CATEGORY	NOT AT ALL	NO.OF TIMES/DAY	NO. OF TIME/HR.	CONTINUOUSLY
1. Bend/stoop/kneel	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
2. Reach	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
3. Twist	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
4. Climb stairs	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
5. Repetitious use of _____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
6. Push/Pull	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
7. Climb ladders	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

- D. Please check the appropriate box or enter the number of times per day or per hour this patient can safely lift, push, pull or carry the following weight in an 8-hour day.

CATEGORY	NOT AT ALL	NO.OF TIMES/DAY	NO.OF TIMES/HR.	CONTINUOUSLY
1. Up to 5 pounds	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
2. 6-15 pounds	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
3. 16-25 pounds	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
4. 26-50 pounds	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

E. Other work restrictions and/or limitations: _____

F. These restrictions are in effect until _____ or until patient is reevaluated on _____
 Date Date

Person to contact at physician's office regarding above-noted restrictions: _____ Phone _____

PHYSICIAN NAME (please print) _____

PHYSICIAN'S SIGNATURE _____ DATE _____

Please check if this is a First Aid.

Return this completed form to our employee.

Please also fax this form to _____ Shasta County Office of Education Attention:HR at 530-245-7826